

Saints are an incredible treasure of the Church; they are our heavenly family. They have walked where we walk, and they have lived the struggles of this world. They rejoice as they await our arrival in eternity, and they share in the desire to help us reach heaven. It is believed that the saint whose name is chosen will serve as a special patron (or you can think of them as your special heavenly friend) to protect, guide, and be the heavenly intercessor for, the individual who bears his or her name. So, how do you pick a saint for your Confirmation? It is overwhelming looking for a saint to help us through life. Look at several saints, and see which one appeals to you! One way to find your patron saint is by name, or maybe a saint who has a feast day on your birthday. You can also look at saints who have the same interests as you. So if you like animals you could look at St. Francis of Assisi or St. Aiden, or maybe Antony the Abbott. In the end, the choice is yours. Pray about it, ask the Holy Spirit to guide you to your saint.

If you go to the following link, you can look saints up by name

[Saints A to Z: A - Saints & Angels - Catholic Online](#)

Or by special interest

[Patron Saints A-Z - Saints & Angels - Catholic Online](#)

Or by their feast day

[Saint Feast Days in January - Saint Feast Days - Saints & Angels - Catholic Online](#)

You may even choose one of the archangels (even though they were not human, they are in the presence of God and we can turn to them for guidance and assistance)

St. Michael [St. Michael the Archangel - Saints & Angels - Catholic Online](#)

St. Raphael [St. Raphael - Saints & Angels - Catholic Online](#)

St. Gabriel [St. Gabriel, the Archangel - Saints & Angels - Catholic Online](#)

You may also choose the Virgin Mary, although you will have to check with Fr. Jeff for approval of this

Jesus, may not be chosen as a patron saint.

If you have any other question please direct them to

ourladyoftheplains.re@gmail.com